



The University of Utah Center for Reproductive Medicine is partnering with the *Eunice Kennedy Shriver* National Institute of Child Health and Human Development (NICHD), to enroll 2,400 couples who are trying to conceive and seeking assisted reproduction.

If you would like to learn more about the **FAZST** study, please contact us:

Phone:

Salt Lake City – UCRM

(801) 587-1180

South Jordan – Daybreak

(801) 213-5998

Orem – Parkway Health Center

(801) 234-8572

Email:

fertilitytrial@hsc.utah.edu

St. George – Southwest Fertility Clinic

(435) 688-4284

Email:

eva.livingston@imail.org

Visit our website:

www.fazst.org

Research Coordinator:

Denise Lamb, R.N.

Investigators:

C. Matthew Peterson, M.D.

Erica Johnstone, M.D.

Utah Center for Reproductive Medicine



UNIVERSITY OF UTAH
HEALTH CARE



Eunice Kennedy Shriver National Institute
of Child Health and Human Development

Having a hard time conceiving?



FAZST
FOLIC ACID AND ZINC
SUPPLEMENTATION TRIAL

Utah Center for
Reproductive Medicine



UNIVERSITY OF UTAH
HEALTH CARE

Many couples face challenges while trying to conceive.

Our goal is to increase a couple's chance of becoming pregnant while studying the effects of a special formulation of **folic acid** and **zinc** on semen quality and conception rates.

This project has been funded in whole or in part with Federal funds from the *Eunice Kennedy Shriver* National Institute of Child Health and Human Development, National Institutes of Health and Department of Health and Human Services.

The NICHD is conducting the study as part of its mission to sponsor research focusing on factors impacting human reproduction and development.

The FAZST Study May Help You and Your Partner Conceive

Are you and your partner trying to conceive?

You may be eligible to participate in a study evaluating the effects of a special formulation of folic acid and zinc, on semen quality and conception rates.

Available data suggests that folic acid and zinc are fundamental to the process of sperm development and several aspects of reproduction.

The **FAZST** study will evaluate a special formulation of folic acid and zinc compared to a placebo (a pill that contains NO supplement) in men who are in a committed relationship and who are trying to conceive and seeking assisted reproduction.

How can you benefit from the FAZST study?

- Male partner will receive 4 semen analyses at no cost.
- You will learn about your personal fertility through your semen analysis

Will the FAZST study cost me anything?

- No. All research related medications, supplies, and procedures are at no cost to you.
- You will be paid for your time and effort

If I join the FAZST study, what will I be asked to do?

- Meet four times with research staff
- Complete the questionnaires on your health and medical history, and provide urine and blood at study visits
- Male partner will keep a simple journal of daily activities and provide semen samples
- Male partner will take one supplement tablet each day

Interested? Want to learn more about the FAZST study?

Call us at:

Salt Lake City – Utah Center for Reproductive Medicine
(801) 587-1180

South Jordan – Daybreak
(801) 213-5998

Orem – Parkway Health Center
(801) 234-8572

St. George – Southwest Fertility Clinic
(435) 688-4284

Email us:

fertilitytrial@hsc.utah.edu or
FAZST@hsc.utah.edu